

REVIEW by NEW YORK DAILY NEWS

“The Life: Is It Mystical or Real & Painful or Magical?” *by S.P.*

Chockalingam

The author explores that perplexing question — What is the purpose of life? — through an Eastern perspective. Yet his approach is emphatically practical even while embracing the mystical. Cultivating our inner power to respond with positivity can yield highly beneficial results, he stresses. So much so, that life can take on a magical aspect but one grounded in reality. One man’s guide to a better life