

**The Destiny Discovery: Find Your Soul's Path to Success by Michelle L. Casto**  
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Dear Beautiful Soul,

*Does your Destiny seem like a horizon that mysteriously disappears whenever you move towards it?*

I have amazing news. Your Destiny is closer than you think; in fact, it's just one relationship away. This is a relationship you can have & enjoy right here, right now, should you choose to. It's a relationship you have always had but perhaps have not cultivated and nourished. It's a relationship that is essential to everything that shows up in your reality.

What is this relationship? It is the relationship with your own Soul.

Many people don't think much about their Destiny, and may even be intimidated by the term, mistakenly believing that something as grand as a "Destiny" is reserved for historical figures, spiritual leaders or famous people. Well, I believe Destiny is available to everyone of us. And it is what we *choose* it to be. As you will learn, the way to connect with *your Destiny* is to follow your path with heart and to do all of the things that bring you alive.

So if your life is not working the way you would like it, take heart because you are about to embark on the journey of a lifetime. You are going to learn the exact moves that will get you where you want to go, right on time, and in tune with your inner guidance system.

We sit at the cusp of a major shift in consciousness that will forever change the landscape of life as we know it. Everyone has a part to play, especially *you* since you are reading this book—nothing happens by accident!

There are many paths you may take to fulfill your Purpose, and they all lead to one *Divine Destiny*. That is for each of us to be awakened to the truth of who we are. It may seem hard to believe just yet; that you have an amazing Destiny that is yours to claim.

Upon reading this book and doing some soul-searching, you will discover what it means for you. You can choose it to be simple or grand—it's your choice always, for even though it is there, and it is yours, it is also yours to choose—and you created that too. Simply put, your Purpose in life is to reach higher, love more, share your divine gifts, and live a happy and bliss-filled life. When you choose higher consciousness, it makes all the difference in the world, and leads to the

success and happiness that you desire, which is more than you're even aware of right now.

I'll offer a fair warning that this journey is not for the faint of heart—most people go their whole lives without thinking, let alone coming to a conclusion, about the deeper questions of life such as:

*Who am I?*

*Why am I here?*

*How can I help?*

Congratulations on being the brave soul who is willing to go within and see yourself as the source of all that you create. Bravo! Well Done! You rock. Really, *you* are so very powerful.

With this book as your guide, you will chart a brand new course for your life; one that is dedicated to getting to know yourself to grow into your full potential as your Soul sees it, which is infinitely more powerful and blissfully happy than you can even begin to see right now. To receive the most benefit from this book, I recommend getting a journal and your favorite pen. Take quiet time to read and reflect on the questions and exercises, as these are powerful methods of communicating with your Soul.

The book you are holding in your hands has been culled from a lifetime of research and experience assisting people from all over the world clarify their Purpose and become conscious creators. Through a divinely guided process called *The Destiny Discovery*, I'll lead you step-by-step to discover your unique path to Destiny. As a result, you will become empowered to go where your Soul wants you to go; upgrade your social conditioning, and release anything else that blocks you from *feeling free to BE* everything you were meant to be.

Please note that words describing esoteric principles like God, Soul, and Destiny are hard to describe in human language. To appeal to as many readers as possible, I have used the words such as Higher Self, True Self, Soul, Limited Self and Ego, Soul Purpose and Destiny, God/Spirit (and other terms), Divine Destiny and Oneness interchangeably throughout the book. I invite you to use the words that resonate for you when you come across them in the text.

*The Destiny Discovery*

By no means is this the definitive guide to Destiny, after all, Destiny is a force that is best left to the Great Mystery. Rather this book is a reminder of what you already know. See me as one of your “divine appointments” a trusted guide to help you walk your path with more clarity, confidence and purpose.

As you may know, reading a book changes lives, and so does writing a book. May *The Destiny Discovery* help you to discover the greatest treasure is within and that you do have the free will to choose to live your life on Purpose.

This is an opportunity, and the best is yet to come.

To Your Greatness and Destiny,  
Michelle L. Casto

Part One  
The Soul's Journey



## The Soul's Journey

What if everything we have learned in formal education is not enough to have the life we were born to live? And, more importantly, what if we have been looking in the wrong places for the treasure that is ours to claim? Have you ever noticed that the most valuable treasure can be buried in front of you in shifting sands—invisible to your eyes...it is there but nonetheless you have to do some digging—and believing—to discover it? Together, we are going to do some digging to discover what *you need to know* and begin to look in the *only place* that you will find the treasure that you seek.

The 13<sup>th</sup> century Sufi mystic, Rumi once said,  
*“There is a force within you that gives you life—seek that.  
In your body lies a priceless jewel—seek that.  
Oh wandering Sufi (Soul)*

*If you are in search of the greatest treasure, don't seek outside, look within, and seek that.”*

Looking within is what we are about to do; fortunately, we have found each other at the perfect time because for far too long human beings have been sleep-walking through their life. And now, people just like you are awakening to realize your highest potential. Truly, the time for us to remember our Divinity is here.

Have you noticed that the most exciting times in life are when we are in “discovery”, that is, when we are noticing, finding or learning something for the very first time? There is a certain thrill we feel when we catch a glimpse of the puppy that is coming home with us, or when beach combing, we find the perfect pink shell or when we learn something brand new we never knew before. When it is *Self-Discovery*, we are remembering what is meant for only us to know that lifts our spirits and guides our way. Once we open the door to Self-Discovery, it often becomes a way of life, because there is always more to discover about ourselves!

The real treasure is finding what your Soul hungers for and then honoring yourself enough to receive it. You are on a spiritual journey.... to facilitate how your human desires and inclinations can reflect the creative impulses of the Soul in the ‘real world’. It becomes your unique way of moving through your life searching for your unique path rather than succumbing to the conditioning and expectations of others. When you can respond to life's circumstances, experiences and events from your Soul, you find meaning in them, especially the difficult ones.

Discovering your Destiny is a journey that begins with a close look at what inspires and moves you, and delves deep to bring to light the beauty and brilliance that you are. Truly, your greatest gift is to be who you were born to be.

You become that by embarking on a hero's journey, where you will overcome challenges, meet adversity, face your deepest fears, learn to soothe your saboteur, and

## *The Destiny Discovery*

confront and tame the mental monsters that live in your own mind; all in the hopes of finding the “holy grail” of your very own Destiny.

No one said it would be easy. The best things in life do require focus and attention, but rest assured; it is a journey worth taking. Interestingly, you must both *search* and *uncover* your Destiny through-out your life. Sometimes you need to do something in order to discover what you want or don't want, and other times you just need to listen for guidance. The process of deep self-discovery is what I call “dancing with Destiny.” The problem is that when we fail to pay attention, instead of dancing, we tend to stumble, fall, and lose our way.

### *Discover the Treasure Within*

Now hear this, everything you need to “get it” is in your life right this very moment. Since much of our Soul's purpose is to grow and evolve, our everyday life provides the curriculum to become individuated, that is becoming an *individual*—letting go of the good opinion of other people and charting our own course. Being a person who is individuated is a good thing, but it is *not the only thing* that matters when it comes to fulfilling your Destiny.

Once we become clear about who and what we are as an individual, then we can learn to re-connect and participate authentically in unity and Oneness. To reach that highest state of consciousness, we must start with ourselves first, by knowing who we are and why we are here. Unfortunately, we tend to compound the matter by relying on our brain and limit ourselves by past programming, when what is required is accessing our heart's intelligence.

We falsely think we can figure everything out with our brains, and that if we just look long and hard enough, we will find the Purpose we are seeking. Consider this: the brain does not make the human—the human makes the brain by what he thinks about, focuses on, and what he allows to influence his thinking. Likewise, it is most certainly *not what happens* to you that determine your happiness—it is your response to it.

Human beings can be quite resistant to letting go of the controls, and often remain stuck in *search mode*, forgetting that we already know. And then our personality takes over and creates our life by *default*, full of disappointments and painful lessons designed to wake us up to get us back onto our path—sometimes this process is subtle and sometimes, if we ignore the signs long enough, it can be extremely traumatic. As a result, we rarely have the energy or mental discipline to transcend survival mentality to grow into spiritual maturity.

The adventure begins when you decide to go on a search for meaning, and peel back the layers of the false self, to uncover the Jewel, the true you.

Your Soul is your inner treasure—excavate it. See it. Know it. Love it. Honor it.

As we become the person the Divine would have us be, and be that *boldly and authentically*, life becomes truly wonderful all on its own accord. There is very little pushing, striving or stressing. We get into the flow of our life, where things come to us with ease, and we experience a lot more fun, freedom and fulfillment.

I promise that if you choose to follow the lead of Destiny, it will do the work for you and you will meet with uncommon success and happiness. To begin your journey right now, you must first make the decision and commitment to yourself, that you want more ease, happiness and joy in your life. Know that it is possible to actually love the life you live. Know that there is a place where you belong. Know that you can be complete in every way. Know that you have a unique gift to give.

What moves you forward on your journey is bringing more awareness, presence and love to whatever you doing.



You will learn how to choose the consciousness you want: *Victim, Victor, Vehicle, or Vessel*, as each represents the four possible lives you can live. During our time together, you will be given the two keys that will open the doors that lead to your Destiny. The first key, found in Part I of the book, will explore the **journey of your higher consciousness** and the second key, in Part II of the book, will help you to discover your **Soul's Purpose**.

### **Soul Alchemy**

The *Destiny Discovery Process* will teach you to become a modern-day alchemist and transform pain and struggle into a life that flows with ease and grace. The original idea of alchemy was to combine things to make something new and strong. In what I call "Soul Alchemy," you will do same thing. You'll be combining the challenges and changes in your life, to become the full embodiment of the Divine—your birthright. From there, you can create your own formula for success that combines your personal growth with your innate Soul's code to find your unique meaning and Purpose in life.

A simple three step Destiny success process is to Dream, Do, and Detach. *Dreaming* opens the doors to new possibilities; *doing* puts you in energetic alignment with having what you want, and *detaching* provides peace no matter what happens. This requires a unique brand of trust and faith that you will develop with your Soul throughout your journey. The skills of self-awareness and mental mastery will also help you consciously apply the process of alchemy to all areas of your life.

If you are not following your intuition or paying attention to the signs and synchronicities in your life, it is likely due to lack of *self-awareness*. If you are not honoring your personality, talents, gifts, strengths, and values, it could be because you are listening to your saboteur instead of your *Soul*. You may be letting the louder voices of fear, doubt, and disbelief drown out the voice of faith.

A key to living a life of Destiny is to grow beyond our mindset and social conditioning to access your higher consciousness. The Soul is a source of infinite wisdom; it is your direct connection with the Divine. When we live in alignment with our Soul, we have access to the guidance that leads to our Destiny.

As your personal guide, I will do my best to help you dig deep. Let's start with the phrase "living like life is heaven on earth." This sounds like a lovely idea, but how can that really happen with so much violence and instability in the world? It may not be as unrealistic as you think. The way I see it, this is when we have a healthy mind, an open heart, and as a result, a happy, joy-filled life. Now who wouldn't want to live like that?

There are people who are *awake* and those who are going through the motions of their lives asleep. You can usually identify those who are asleep as they look like robots going through the motions of life—eating, working, making love, and yet, when you truly *look*, a deeper presence is missing. Take thirty minutes and go to a café by yourself and just spend some time watching at the people around you. They are walking around with bodies, beliefs, personalities and preferences, yet some seem fully alive and radiant while others seem to have something vital missing—a twinkle of knowing in their eye, a certain lightness of being.

What is missing is an awareness of, and connection to, their own Soul.

You may wonder how you can stay happy and filled with love when you are upset or uncertain about the future? All of us have dark times, however those who are awake are able to access the light of their being and even grow through life's challenges and changes.

The darkness is when you feel lost and alone. This is known as being in the pit because you have hit rock bottom, and may be filled with negative feelings—self-loathing, depression, anger, jealousy, etc. You cannot see the light and feel separated from the Divine. You may find yourself in the darkness when you go seeking ‘false treasure’ in external things that leave you feeling empty.

The light is all that is good in the world—love peace, faith, happiness and wisdom. In the light, you are one with the Divine. The light allows you to see what is real in this world. The more light *you are*, the easier it is to follow your true path in life. Living in the light is a place where you are supported—all you have to do is *ask and you shall receive*.

**To continue reading *The Destiny Discovery: Find Your Soul's Path to Success*, go to [www.amazon.com](http://www.amazon.com) or buy it on Kindle.**

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If you resonate with this material, you may also benefit from a [Destiny Activation](#) session with Michelle.